

George Miu
Executive Director

Angie O'Connor
Director of Nursing

Jami Seiber
Assistant Director
of Nursing

Linda Harris
Stephanie Hardwick
Kathy Carden-Cecys
MDS Coordinators

Ursula Brandon
Henley/PVT Unit Manager

Dina Seals
Reeveston Unit Manager

Barb Bell
Douglas Price
Marketing Directors

Vickie Cortner
Clinical Liaison

Deborah Mertz
Business Office Manager

Lisa Beanblossom
Katie Pollic
Social Services

Angie Aughe
Residential Unit Manager

Russ Terrell
Director of Dining Services

Jason Risner
Activities Director

Tracy Sickmann
Therapy Supervisor

Anna Holt
Housekeeping/Laundry
Supervisor

Wayne Weaver
Maintenance Supervisor



July
2011

3701 Hodgin Road, Richmond, Indiana 47374 ~ 765-939-3701

Announcing the Opening of The Reeveston Hall



Arbor Trace is excited to announce the opening of Reeveston Hall.

Arbor Trace recently held an open house to showcase our new therapy space and Reeveston Hall. The Richmond-Wayne County Chamber of Commerce was on hand for the ribbon cutting on Thursday, June 23rd. Over 150 guests were given tours of the new resident suites, therapy gym, and home transition apartment. Refreshments were served in the Reeveston Café, a new dining room that will serve both the Reeveston and Henley Halls. Entertainment for the evening was provided by Gary Fenton. Guests were also treated to a wine tasting by J&J Winery. A heartfelt thank you to everyone who helped us celebrate this expansion. We are excited about this new opportunity as we continue to provide quality care to the Richmond community.



Residents enjoy a golf cart ride in Winchester



Getting ready for lunch during the fishing trip



Betty Browning & Jeanette Braughton enjoy a picnic lunch



Resident enjoyed a picnic at Glen Miller Park

The time has arrived – Reeveston's Hall is now open. The construction went very well with little disruption to the residents at Arbor Trace. The wing is beautifully decorated and designed with the residents in mind. The new therapy space is enormous and the transitions apartment is a nice touch. The café is an eloquent space and it will enhance the dining program. The new parking lot is wonderful and the outdoor seating area is very nice. I cannot thank everyone enough for their understanding and patience during the construction process.

I would like to congratulate Dina Seals on accepting the Unit Manager role of Reeveston's Hall. Dina will be transitioning into her new role during the month of July. Dina has been a nurse on the STAR's hall for the previous 3 ½ years. Thanks Dina for making accepting this position and ensuring the residents will be provided the very best care. I would also like to congratulate and thank Jami Seiber for all of her accomplishments at Arbor Trace. Jami has completed her RN program and passed her examination. As a result, Jami has accepted a Director of Nursing position and will be leaving Arbor Trace. Jami's last day will be 7-22-11. Please take the time to thank Jami for everything she has accomplished. We wish you well!

If you have not checked out our website lately, I would invite you to take a look at it. We have made some updates and made it easier to navigate. We have added a link for our monthly newsletters. You can share these easily with your family or friends by directing them to our website. If you would like to have the newsletter emailed to you, we can do that as well. Just email jrisner@cardon.us and we will email you the newsletter monthly. We have also added a link for employment – this link will take you to our corporate website and once you click on employment, it will show you the open positions at Arbor Trace as well as the other CarDon communities.

TV Winner

Vivian Bonner was the winner of the 32" Toshiba HD TV that was given away as a part of our Open House. Pictured at right is Vivian Bonner receiving the TV from Executive Director George Miu.

Congratulations Vivian!



Activity News

Event Highlights for the month of July:

July 4th

Roe Family Band

1:30pm ~ Tivoli Theatre

July 6th

Red Hatter's Meeting

3:00pm ~ Taste of the Town

July 12th

Breakfast Outing

to Cracker Barrel

Depart: 8:30am

July 12th

Birthday Celebration

1:30pm ~ Coffee Pot

July 15th

Pie Bake-Off and Lunch Outing

Depart: 10:30am

July 19th

Fishing Trip to Winchester

Depart: 9:30am

July 21st

Resident Council

3:00pm ~ Coffee Pot

July 27th

Build Your Own Sundae

3:00pm ~ Civic Hall

July 28th

Shopping at Fountain Acres

Depart: 1:30pm

July has arrived and along with it the hot summer weather. Many of our residents and their families and friends have discovered our "back porch". The former portico is now a large outdoor space to sit and enjoy nature and the warm summer days and evenings. We invite you to take advantage of this new space!

There are several outing opportunities this month. From scenic drives and breakfast outings to fishing trips, there is an outing for everyone. Take a moment to review the calendar of events and plan to attend one or more of our excursions. Sign up sheets are located by the wall calendars.

Join us on Wednesday, July 20th at 2:00pm in the Tivoli Theatre as we take an armchair trip to America's National Parks. We will visit 20 of America's greatest treasures on a breathtaking journey through some of the oldest and most popular national parks in the United States. A narrated lesson in American history compliments the stunning scenery to give the armchair traveler a complete experience. We will explore the Everglades, Mesa Verde, Shenandoah, the Grand Canyon, Yellowstone, Yosemite, Zion, Bryce Canyon, Mount Rainier, the Great Smoky Mountains and more. We hope to see you there!

The activities department would like to take a moment to thank the many volunteers for all they do. Thank you for sharing your talents to make our days bright and happy. You are appreciated!

Birthdays at Arbor Trace

Happy Birthday to the residents celebrating their birthday in July:

Barbara Gennett, Betty Browning, Bob Moore,

Mary Rohe, and Joann Murphy.



Congratulations

Assisted Living residents Clarence & Mary Hiday are proud to announce the birth of their first great-great-grandchild. Sophia Catherine was born on June 5, 2011. Sophia's parents are William & Mary Richardson. William is the son of Mark Richardson and grandson of the Hiday's daughter Janet Richardson. Clarence & Mary have been married for 73 years. They also celebrated the birth of their 14th great-grandchild on June 29, 2011. The residents and associates of Arbor Trace congratulate the Hiday family as they celebrate these exciting milestones.



~Information provided by Mary Hiday

Heart of CarDon Award Associate of the Month

Rick Hampton has been chosen as the Associate of the Month for July 2011. Rick has worked in the Maintenance Department since 2007. Rick was nominated for the following reasons:

“When the Arbor Trace bus broke down on an outing, Rick came to the outing site and tried to get the bus running. Although he was unable to get it fixed, Rick used his own van to get everyone back to Arbor Trace safely. Thanks Rick for saving us!”



Congratulations Rick!

Christina Bell was also nominated in July.



Laundry News

The Laundry Department has several unmarked clothing items. If you are missing an item, please contact the laundry associates, they will be happy to assist you in locating these items. We do ask that all personal clothing be marked with the residents first and last name, even if family launders personal clothing. This will help us return items put into the community laundry by mistake. We will be happy to assist with labeling clothing. If you have any questions regarding laundry services, please contact Anna Holt, Laundry/Housekeeping Supervisor.



Ring Praise Handbells

The unique and beautiful blend of handbells and piano will resound at a Ring Praise concert on Sunday, July 24th at 2pm in the Tivoli Theatre. Woven with hymn history and scripture, Phyllis Tincher, handbell soloist, and Sean Rogers, pianist and organist, will touch your hearts and ears with a variety of songs focusing on praising God.

Through contemporary praise songs, hymns and reflective pieces, they tell the saving story of Jesus Christ. In addition to accompanying, Sean will also play a few piano solos. Phyllis rings 3 octaves of handbells and mixes in 2 octaves of handchimes.

During the concert the audience will have an opportunity to ring handchimes as everyone sings. No music experience is needed – young and old enjoy this portion of their program.

An offering will be taken to help with their expenses. For additional information on their ministry, please visit their website, www.RingPraiseMinistry.org.

Tincher and Rogers have made four CDs together which will be available at the concert. *Ring Praise*, *Ring Praise 2* and *Ring Praise 3* are collections of hymn arrangements. *Come to the Manger* celebrates Christmas. The cost of each CD is \$15 and all proceeds help fund Ring Praise Music Ministry. Sean has two CDs available. *I Will Be with Thee* is a collection of original compositions and hymn arrangements. *Moonlight Serenade* is an assortment of popular tunes played on the theatre organ. Both cost \$15, and proceeds help Sean fund his ministries.

Phyllis Tincher has been solo ringing since 1997 and has directed adult and youth handbell choirs since 1993. She has served as guest conductor at festivals and taught many classes at handbell conferences and workshops. She is very active in the Northwest area of the American Guild of English Handbell Ringers, served as Chair for the area in 2000-2002, and currently is the publisher of their monthly email newsletter.

Sean Rogers is Minister of Music at Nampa First United Presbyterian Church and a concert pianist and organist. He also works as a music coach and accompanist for opera singers and instrumentalists and teaches piano and theatre organ. Mr. Rogers holds four Bachelor Degrees from The College of Idaho in Religion, Sacred Music, Organ Performance and Piano Performance.

Doll Show

July 22nd

Arbor Trace will host a Doll Show for residents and their family and friends. The event will be held on Tuesday, July 26th at 2:30pm in the Civic Hall. Residents and guests are encouraged to bring in a favorite doll for the show. We ask that all dolls be brought to the Civic Hall one hour prior to the show. Please join us to view the various displays.



Congratulations to the following associates celebrating their birthday in July:

Kaye Brewer 7-05
Laura Petersime 7-05
Donna Fleenor 7-06
Joe Isaac 7-07
Ryan Wysong 7-08
Ashley Jennings 7-09
Tera Moody 7-16
Karen Cortner 7-21
Wayne Weaver 7-28
Jennifer Judd 7-31
Mercedes Yount 7-31

Social Service Update

I would like to let you know about a service that is offered to your family member at Arbor Trace. Senior Shopping is a company out of Chesterfield, IN. They come to healthcare communities to make shopping easy for our residents and their families. The shopping day is scheduled for Monday, July 18th from 2pm-4pm and will be set up in the Parlor. The company offers many items such as clothing, accessories, books, movies, etc. As we know, it is sometimes difficult to get your family members out to shop and it can be difficult to figure out what is best suited for the resident. They will also label the items for you and alter them if needed.

As the warm weather sets in, we ask that you take time to go through your family member's closets. Many of them are cluttered with winter clothes or items they no longer use. We have also been finding clothes in closets that no longer fit appropriately. Please help us keep the closets neat. We can assist with cleaning them at your request. We will pack the items and let you know when they are available for pick up.

Have a safe summer!

Lisa Beanblossom and Katie Pollic

Alzheimer's Support Group

The Alzheimer's Support Group meets on the 1st & 3rd Wednesday of each month from 2:30pm-4:00pm at the First English Lutheran Church located at 2727 East Main Street. For more information please call Jim Harper at 935-6005 or Gene Schultz at 962-4407. Come and share with us!



The following associates will celebrate their anniversary in July:

Julie Eversole
10 Years
Linda Harris
4 Years
Ashley Jennings
4 Years
Hollie Bunn
3 Years
LaTisha Gillard
3 Years
Patty Harsh
3 Years
Becky Sapp
3 Years
Jami Seiber
3 Years
Melody Thacker
3 Years
Brenda Duke
2 Years
Liz Stanton
2 Years
Courtney Winters
1 Year

Meet our friend Gene Burris and physical therapist Eden Patalinghug...



*Gene is a retired Senior Mason Sergeant with the United States Air Force. Gene and his family have traveled to all 50 states and abroad extensively. Gene was hospitalized for five days with pneumonia. Later he experienced trouble breathing related to fluid on his lung and was scheduled for surgery the following day. Gene chose Arbor Trace for his rehabilitation. **“The first thing I look forward to when I get home from Arbor Trace is being with my wife Wanda.”***

Gene’s treatment plan included physical therapy and occupational therapy daily. Physical therapy focused on strengthening of his lower extremities, ambulation training, balance training, and improving tolerance for functional activities. Occupational therapy focused on self care activities, activity tolerance exercises, and strengthening of his upper extremities. The following was achieved:

- *Independent ambulation with a rolling walker, functional distances.*
- *Strength of arms and legs within functional ranges.*
- *Blood pressure within normal functional ranges and no dizziness noted by patient.*
- *Independent with self care and dressing.*
- *General activity tolerance for 25 minutes.*
- *Outpatient physical therapy at Arbor Trace to continue strengthening and work toward complete independence with ambulation.*

Gene said , “I’ve received excellent care at Arbor Trace. All of my requests have been answered by the staff immediately. The medical capabilities are outstanding and offer a continuum of care. I chose Arbor Trace for my Outpatient rehabilitation. My wife and I would like to return and reside in the Assisted Living Apartments.

**Outcome
Based**
REHABILITATION

 JULY

ARBOR TRACE

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*We're on the Web at
www.arbortrace.us*

Senior Shopping Service Shopping Day

Monday, July 18, 2011

2:00pm-4:00pm

Fun & Hassle-free Shopping

- Affordable Clothing
- Open Back Apparel
- Full Line of Women's & Men's Apparel
- Perfumes-Colognes
- Footwear
- Sensory Products
- Wheelchairs & More
- Room Furnishings
- Alzheimer's Products

Many convenient ways to shop: Cash/Checks-Visa-Mastercard-Discover